



## Option 1: Environmental Center & Reservoir Tour

# Frost Valley YMCA (day & overnight trips)

### Programming:

**Day rates** are for each class and each student. Teachers/chaperones do not pay programming fees for day trips.

- \$11 per class per student

**Overnight rates** are for students and adults and include programming, lodging and meals. Rates will vary depending on the season and length of your visit. For each trip length below, we show a range of rates that vary depending on the time of year:

- 2-Day Trip (1 Night, 4 Meals, 3 Classes)  
\$168-\$137 per person
- 3-Day Trip (2 Nights, 7 Meals, 6 Classes)  
\$199-\$163 per person
- 4-Day Trip (3 Nights, 10 Meals, 9 Classes)  
\$250-\$211 per person
- 5-Day Trip (4 Nights, 13 Meals, 12 Classes)  
\$299-\$254 per person

**Contact a Frost Valley School Programs Coordinator to plan a trip that fits your needs and budget at 845-985-2291 x221 or x204**

### Bus Rates:

Bus costs will vary depending on the type of bus (yellow school bus or coach), distance traveled and time of year.\*

- For high school groups traveling less than 2 hours, consider hiring a yellow school bus: \$500-1000/bus.
- For elementary and middle school groups traveling 1.5 hours or more, consider hiring a coach bus: \$1000-1500/bus.

Frost Valley offers attractive rates through 2 bus companies: Academy and Tonche Transit. Contact the Reservations Department at [reservations@frostvalley.org](mailto:reservations@frostvalley.org) or 845-985-2291 x450.

### Course Options:

- Watersheds and Wilderness
- Freshwater Ecology
- Forest Ecology
- Full/Half-day Model Forest Hike
- Maple Sugaring
- Ice Cutting

### Meals:

For day trips, you may choose to bring your own bagged lunches or buy meals from the Frost Valley dining hall.

- Breakfast/lunch/dinner: \$8.00 per meal per person

### Nursing:

You must pay for the use of the Frost Valley nurse during your visit. Daily rates vary depending on your group size:

- 1-100 people in group: \$100/day
- 101-150 people in group: \$150/day

*\*Bus rates shown here are approximate and are for guidance only.*



## Sample Itinerary

TIME	ACTIVITY	ADDRESS/NOTES
<b>DAY 1</b>		
7:00am	Depart school: On-time departure is critical for trip success!	***text WAC with departure time and final head count
9:30am	Arrive at Neversink Reservoir info kiosk	Intersection of NY Route 55/Divine Corners Road, Hurleyville, NY 12747
9:30-10:00am	Neversink Reservoir tour	
10:00-10:30am	Drive to Frost Valley YMCA	2000 Frost Valley Road, Claryville, NY 12725
10:30am	Arrive Frost Valley YMCA	
10:30-11:30am	Unload, bathrooms	
11:30-12:00pm	Orientations	
<b>12:00-1:00</b>	<b>LUNCH</b>	
1:15-3:15pm	Frost Valley programming: Class 1	
3:15-5:00pm	Frost Valley programming: Class 2	
5:00-5:30pm	Break	
5:30-6:30pm	Dinner	
7:00-8:45pm	Frost Valley programming: Class 3	
8:45-10:00pm	Snack, relax, teacher-led activity	
10:00pm	Lights out	
<b>DAY 2</b>		
8:00-9:00am	Breakfast	
9:30-11:30am	Frost Valley programming: Class 4	
11:30-12:00pm	Break	
12:00-1:00pm	Lunch	
1:15-5:00pm	Half-day hike in the Model Forest (Class 5)	
5:00-5:30pm	Break	
5:30-6:30pm	Dinner	
7:00-8:45pm	Evening programming selection	Multiple options, extra fees apply
8:45-10:00pm	Snack, relax, teacher-led activity	
10:00pm	Lights out	
<b>Day 3</b>		
8:00-9:00am	Breakfast	
9:30-11:30am	Frost Valley programming: Class 6	
11:30-12:00pm	Break	
12:00-1:00pm	Lunch	
1:00pm	Depart Frost Valley YMCA	
4:00pm	Return to school	